

**SHRI MATA VAISHNO DEVI
NARAYANA SUPERSPECIALITY HOSPITAL,
KATRA**



ANANTA

VOLUME 2 • ISSUE 1

NEWSLETTER

JULY-SEPTEMBER

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MAJOR HIGHLIGHT / CLINICAL MILESTONE**1ST JULY 2026**

On 1st July 2026, we celebrated Doctors' Day to honor the dedication, compassion, and invaluable contributions of our doctors. As a token of appreciation, chocolates, roses, and greeting cards were presented to our doctors to express our heartfelt gratitude for their tireless efforts and commitment to patient care.



MAJOR HIGHLIGHT / CLINICAL MILESTONE**JULY 2026**

Our monthly RNR (Rewards and Recognition) celebrations are a special occasion to appreciate employees for their dedication, hard work, and outstanding contributions. Derserving employees are rewarded with cash prizes as a token of appreciation for their efforts and achievements.



MAJOR HIGHLIGHT / CLINICAL MILESTONE**15TH AUGUST 2026**

The 79th Independence Day was celebrated with great enthusiasm and patriotic fervor at SMVDNSH on 15th August 2026. The event was marked by a vibrant cultural programme featuring a variety of performances, including melodious singing and energetic dance performances by employees and children. Their performances reflected the spirit of patriotism, unity, and love for the nation, making the celebration memorable and meaningful.

"GLIMPSES OF INDEPENDENCE DAY 2026"

MAJOR HIGHLIGHT / CLINICAL MILESTONE**SEPTEMBER 2026**

Our monthly RNR (Rewards and Recognition) celebrations are a special occasion to appreciate employees for their dedication, hard work, and outstanding contributions. Deserving employees are rewarded with cash prizes as a token of appreciation for their efforts and achievements.



IN-HOUSE CAMP

08TH AUGUST 2026

Multispecialty Clinic, Jammu

ORTHOPEDICS

Activity and Participation:

A Free Health Checkup Camp was organized on 08 August 2026 at the Multispecialty Clinic, Jammu, with a focus on orthopedic screening and consultation. The camp aimed to provide accessible orthopedic healthcare services and help participants address musculoskeletal concerns. A total of 45 patients attended the camp and received orthopedic consultations from Dr. Vikas Padha, Orthopedics. The activity was conducted for CGHS Pensioners Jammu, supporting access to specialist medical advice for pensioners. The programme was inaugurated by Dr. Ashok Bhan, IPS (Retd.), member of Shri Mata Vaishno Devi Shrine Board.



MULTISPECIALITY CAMP

09TH AUGUST 2026

Multispeciality Clinic, Baba Ballo Dev Sathan, Mathwar, JammuJammu

Internal Medicine, Ophthalmology, Gynecology Orthopedics

Activity and participation

A multispecialty health camp was conducted at Baba Ballo Dev Sathan, Mathwar, Jammu, on 9 August 2026. The camp brought together clinical services across Internal Medicine, Ophthalmology, Gynecology, Orthopedics and supporting diagnostic services. The key activities included specialist consultations, laboratory testing, mammography, Pap smear screening and ECG services. A total of 366 patients attended, reflecting substantial community participation and demand for accessible, coordinated healthcare. The team recorded 11 referrals for further assessment or treatment, 40 laboratory tests, six mammography's and two ECGs.



MULTISPECIALITY CAMP

11TH AUGUST 2026

111 Engr Regt, Rana Sangla Enclave,
Kunjwani Chowk, Jammu

Internal Medicine, Gynecology

Activity and participation

A multispecialty camp was organized on 11 August 2026 at 111 Engineer Regiment, Rana Sangla Enclave, Kunjwani Chowk, Jammu. The programme focused on Internal Medicine and Gynecology consultations, along with mammography and Pap smear screening. A total of 147 patients attended the camp. The recorded services included 43 mammography's and 15 Pap smears, showing participation in both breast-health and cervical-health screening. The camp was conducted in association with the Indian Army, providing a coordinated setting for delivering healthcare services to the participating community.



MULTISPECIALITY CAMP**23RD AUGUST 2026**

Govt. High School, Jagti, Nagrota

Internal Medicine, ENT, Pediatrician
Gynecology, Ophthalmology**Activity and participation**

A multispecialty health camp was held on 23 August 2026 at Government High School, Jagti, Nagrota. The services covered Internal Medicine, ENT, Gynecology and Ophthalmology, supported by X-ray, laboratory testing and mammography. The camp recorded 287 patient visits. The outcome summary lists 18 referrals, one X-ray, 40 laboratory tests and three mammography's. This combination of specialist consultations and diagnostic support was intended to make a broad range of health services accessible at a single location. The camp was inaugurated by Relief Commissioner Dr. Arvind Karwani (JKAS) and was associated with Vanposh Foundation, Jagti, Jammu.



MULTISPECIALITY CAMP

Floriculture Hall, Broota Mandi, Tehsil
Akhnoor, Distt. Jamm

27TH AUGUST 2026

Ophthalmology General Medicine
Medical Officer / Gynecology

Activity and participation

A multispecialty camp was conducted on 27 August 2026 at Floriculture Hall, Broota Mandi, Tehsil Akhnoor, Jammu. The listed services included Ophthalmology, General Medicine and Gynaecology/Oncology screening, supported by laboratory tests. The camp recorded 218 patient visits and generated 11 referrals. The event brought different clinical services together at one venue so that attendees could seek consultations and receive guidance about any additional care required. The camp was associated with the Mission Shakti District Hub for Empowerment of Women, Jammu, and the Department of Social Welfare.



MULTISPECIALITY CAMP

12TH SEPTEMBER 2026

PHC, Dansal

CTVS, Ophthalmology,
Orthopedics

Activity and participation

A multispecialty camp was organised at PHC Dansal on 12 September 2026. The key activities included multispecialty consultations, blood sugar testing and mammography. The camp recorded 176 patient visits and generated 26 referrals. Its diagnostic outcomes included 104 blood sugar tests and four mammography's. The service mix combined general clinical assessment with checks for common health concerns and breast-health screening. The camp was delivered with support from the Block Medical Officer (BMO), PHC Dansal, and the district health administration, as indicated in the activity record.



MULTISPECIALITY CAMP

19TH SEPTEMBER 2026

PHC Dharmari, Thuroo Reasi

CTVS, Ophthalmology,
Orthopedics

Activity and participation

The Dharmari Multispecialty Camp was conducted on 19 September 2026, with an emphasis on multispecialty screening, diagnostic services and referral identification. A total of 379 patients attended. The outcome record lists 40 referrals, 147 blood sugar tests and 15 ECGs. The combination of screening and diagnostic procedures allowed the team to assess a large number of attendees and identify people who may need further medical attention



FREE CARDIAC CAMP ON WORLD HEART DAY

29TH SEPTEMBER 2026

On the occasion of **World Heart Day, September 2026**, a comprehensive cardiac camp was organised by a unit of Shri Mata Vaishno Devi Charitable Society with the objective of promoting cardiovascular health, encouraging early diagnosis, and improving access to specialised cardiac healthcare. The initiative reflected the organisation's commitment to community welfare, preventive healthcare, and providing timely medical assistance to people who need it most. The Camp was inaugurated by CEO Shri. Sachin Kumar Vaishya (IAS), Shri Mata Vaishno Devi Shrine Board, Katra.

The camp witnessed significant public participation, with **315 individuals screened** for potential cardiovascular health concerns. The screening initiative helped create awareness about the importance of regular heart check-ups, early identification of cardiac risk factors, and timely consultation with medical specialists. By bringing healthcare services closer to the community, the camp encouraged individuals to take a proactive approach towards maintaining their heart health.



FREE CARDIAC CAMP ON WORLD HEART DAY

29TH SEPTEMBER 2026

A key achievement of the initiative was the identification and referral of **27 patients for specialised medical evaluation**, including **17 referrals to Cardiology** and **10 to Cardiothoracic and Vascular Surgery (CTVS)**. These referrals established a pathway for patients requiring further investigation, specialist consultation, or advanced treatment. The camp also facilitated the completion of **five treadmill tests (TMTs)** and **one pacemaker-related procedure**, while **two surgical procedures were performed**. These outcomes demonstrate the importance of combining community-level screening with access to specialised medical services.

The success of the camp was supported by extensive stakeholder mobilisation and coordination. Representatives and personnel associated with the Police Line, Indo-Tibetan Border Police (ITBP), Central Reserve Police Force (CRPF), 15 BN GREF, Border Security Force (BSF), Police/Health Centres (PHC/CHC), District Early Intervention Centre (DEIC), Key Opinion Leaders (KOLs), and non-governmental organisations (NGOs) contributed to outreach and participation. This collaborative approach helped connect a diverse population with essential cardiac screening and referral services.



BLS AT SBI (STATE BANK OF INDIA)**14TH JULY 2026**

Shri Mata Vaishno Devi Narayana Superspeciality Hospital, Katra, in association with the State Bank of India (SBI), organized a Basic Life Support (BLS) Workshop on 14th July 2026 at the State Bank Learning Centre, Bantalab Road, Rajinder Nagar, Phase-1, Jammu, specifically for SBI security guards.

The workshop aimed to equip security personnel with essential life-saving skills and the knowledge required to respond effectively during medical emergencies. The training focused on recognizing cardiac arrest, performing cardiopulmonary resuscitation (CPR), and providing immediate assistance to individuals experiencing life-threatening medical conditions. Participants were educated about the importance of quick action, maintaining composure during emergencies, and following appropriate emergency response procedures until professional medical assistance arrives.

As security guards are often among the first people present at the scene of an emergency, their ability to respond promptly can play a crucial role in saving lives. The workshop emphasized the importance of basic emergency preparedness, practical life-saving knowledge, and timely intervention.

This collaborative initiative highlighted the importance of workplace safety and emergency readiness while strengthening the ability of SBI security personnel to handle critical situations confidently. Through such community outreach and corporate partnership programs, Shri Mata Vaishno Devi Narayana Superspeciality Hospital continues to promote health education, emergency preparedness, and life-saving awareness across the region.



HEALTH TALK — PARADE COLLAGE, JAMMU

12TH SEPTEMBER 2026

Dr. Deepika Gupta conducted an informative health talk at Government Women's College, Parade Ground, Jammu, on the occasion of World Blood Cancer Awareness Month, under the theme **"Your Blood, Your Health: Understanding Common Blood Disorders."** The session aimed to educate students about the importance of blood health and raise awareness about common blood disorders, including anemia, leukemia, lymphoma, and other conditions affecting blood cells.

Dr. Gupta explained the common signs and symptoms of blood disorders, such as persistent fatigue, weakness, pale skin, frequent infections, unexplained bruising, and unusual bleeding. She emphasized the importance of understanding these warning signs and seeking timely medical advice. The session also highlighted the role of regular health check-ups, appropriate diagnostic tests, a balanced diet, and early medical intervention in maintaining good health and preventing complications.

The programme encouraged students to become more aware of blood-related health conditions and share accurate health information with their families and communities. It also emphasized that early detection and appropriate treatment can improve health outcomes and quality of life.

Through this initiative, **Shri Mata Vaishno Devi Narayana Superspeciality Hospital, Kakryal**, reaffirmed its commitment to promoting preventive healthcare, spreading health awareness, and educating communities through outreach programmes.



ROUND TABLE MEETING ON BLOOD CANCER AWARENESS

26TH SEPTEMBER 2026

Strengthening Medical Collaboration for Better Patient Care

As part of Blood Cancer Awareness Month, a Round Table Meeting (RTM) was organized with the participation of more than 26 doctors, bringing together healthcare professionals to discuss the importance of awareness, medical networking, and collaborative approaches to patient care.

The meeting served as a platform for meaningful interaction among medical professionals, encouraging the exchange of knowledge, experiences, and perspectives on blood cancer awareness and the role of healthcare providers in improving patient outcomes. The session highlighted the importance of early recognition of warning signs, timely medical consultation, and appropriate referral pathways to support patients who may require specialized evaluation and treatment.

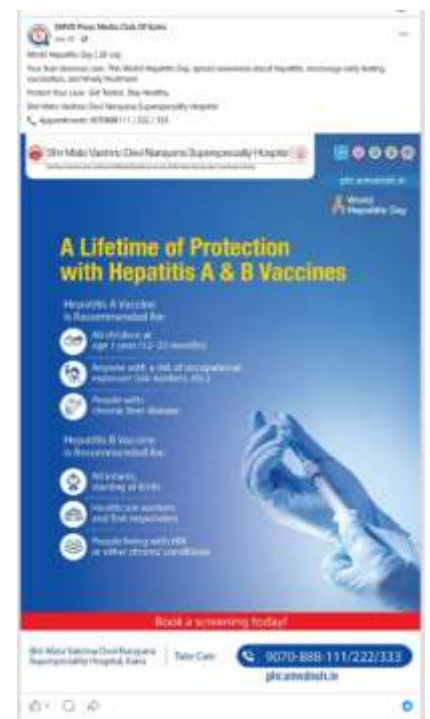
The participation of over 26 doctors reflected a shared commitment to advancing healthcare awareness and improving access to quality medical services. Such initiatives play an important role in bringing healthcare professionals together, fostering knowledge-sharing, and reinforcing collective efforts toward better health outcomes.

The RTM marked a meaningful step toward strengthening medical collaboration and promoting greater awareness of blood cancer, reaffirming the importance of teamwork in delivering patient-centred healthcare.



SOCIAL MEDIA PROMOTION

JULY 2026



SOCIAL MEDIA PROMOTION

AUGUST 2026



MEDIA PROMOTION

SEPTEMBER 2026



PRESS RELEASES

JULY 2026

By spreading the news, the newspaper has helped to every issue, and other concerned persons, the newspaper has helped to every issue, and other concerned persons.

SMVDN Superspeciality Hospital treats one of the rarest forms of Cancer, complete treatment provided free under Ayushman Bharat Scheme

EARLY TIMES REPORT

KATRA, June 28: Adding another milestone to its growing list of medical achievements, Shri Mata Vaishno Devi Narayana Superspeciality Hospital, Katra, has successfully treated one of the rarest forms of cancer, Malignant Melanoma of the Anal Canal, a highly aggressive cancer with an estimated global incidence of only one to two cases per million population annually. The patient, diagnosed with this rare and complex malignancy, was referred to the Department of Surgical Oncology at Shri Mata Vaishno Devi Narayana Superspeciality Hospital for advanced treatment. Considering the rarity of the disease and the complexity involved, the case required highly specialized surgi-



One of the rarest forms of cancer, Malignant Melanoma of the Anal Canal, treated at SMVDN Superspeciality Hospital.

cal expertise and multi-disciplinary care. The surgery was successfully performed by the Surgical Oncology team led by Dr. Abhinav Choudhary, Consultant - Surgical Oncology. The complex procedure lasted for nearly six hours and involved Abdomino-Perineal Resection along with Groin Dissection. Speaking about the case, Dr. Abhinav Choudhary said, "Malignant Melanoma of the Anal Canal is among the rarest forms of cancer, with very limited treatment options available. Due to its extremely low incidence, only limited centres have the expertise and experience required for managing such cases. Early diagnosis, timely referral and specialized surgical intervention play a crucial role in achieving better outcomes." Elaborating on the procedure, he further added, "The surgery required meticulous planning and precise dissection due to the complex anatomy involved. Despite the extensive nature of the procedure, the surgery was completed successfully with minimal blood loss. The patient tolerated the procedure well and is recovering satisfactorily under close post-operative monitoring." Commenting on the achievement, Dr. Vashpal Sharma, Executive Director, Shri Mata Vaishno Devi Institute of Medical Excellence, said, "The successful treatment of such a rare and complex cancer reflects the advanced clinical capabilities now available at Shri Mata Vaishno Devi Narayana Superspeciality Hospital. Our endeavor is to ensure that patients from Jammu & Kashmir and nearby regions do not have to travel outside the Union Territory for specialized and high-end treatment. With the continued support of the Shri Mata Vaishno Devi Shrine Board and schemes like Ayushman Bharat, we remain committed to providing world-class, accessible and affordable healthcare to the people." In a major relief to the patient and family, the entire treatment, including surgery, ICU stay, hospitalization and medicines, was provided completely free of cost under the Ayushman Bharat Scheme, ensuring access to advanced cancer care with no out-of-pocket burden. Shri Mata Vaishno Devi Narayana Superspeciality Hospital has emerged as one of the leading tertiary care centres in Jammu & Kashmir, offering comprehensive, multi-specialty services backed by advanced infrastructure, modern operating theatres, and expert care support and an experienced team of specialists. This achievement once again highlights the hospital's capability to manage rare and complex medical conditions with excellence, while also reaffirming its commitment to providing accessible, affordable and advanced healthcare to the people of Jammu & Kashmir.

नारायणा सुपर स्पेशियलिटी अस्पताल में दुर्लभ कैंसर का सफल आपरेशन



श्री माता वैष्णो देवी नारायणा सुपर स्पेशियलिटी अस्पताल में दुर्लभ कैंसर का आपरेशन करने वाली सर्जिकल आन्कोलाजी टीम के सदस्य • सौ: अस्पताल प्रशासन

संवद सहयोगी, जागरण • कटड़ा: ककरियाल, कटड़ा स्थित श्री माता वैष्णो देवी नारायणा सुपरस्पेशियलिटी अस्पताल ने दुर्लभ कैंसर मैलिग्नैट मेलानोमा आफ एनल कैनाल का सफल उपचार किया है। यह कैंसर विश्वभर में प्रति वर्ष लगभग 10 लाख लोगों में केवल एक से दो व्यक्तियों में पाया जाता है।

मरीज को उन्नत उपचार के लिए अस्पताल के सर्जिकल आन्कोलाजी विभाग में रेफर किया गया था। विशेषज्ञों की टीम ने बहु विषयक चिकित्सा पद्धति से उपचार की योजना बनाई। छह घंटे तक चले जटिल आपरेशन का नेतृत्व डा. अभिनव चौधरी ने किया। इस दौरान एब्डोमिनो-पेरिनियल रिसेक्शन विद ग्राइन डिसेक्शन जैसी जटिल प्रक्रिया सफलतापूर्वक की गई। डा. चौधरी ने बताया कि समय पर पहचान और विशेषज्ञ सर्जरी बेहतर परिणाम सुनिश्चित करती है।

6:56

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Excelsior

Land probe into condition of evacuee land

It is alleged that persons in Jammu province, while nearly 8000 families, as mentioned in the Waqf Commission Report, were allotted to West Pakistan refugees settled in Jammu province. Referring to the J&K Administration of Evacuee Property Act (Government of Jammu & Kashmir), Section 3(1) of the Act makes it mandatory for the Custodian to periodically verify the status of the evacuee land. He alleged that the Custodian Department has never issued such comprehensive notifications. J&KSC president further stated that as per Government records, 22,719 displaced families were allotted land under the prescribed rehabilitation scheme. However, nearly 8000 families received land substantially below the prescribed entitlement and have since been demanding allotment of the deficient area. He urged the Lt Governor Manoj Sinha and Chief Minister Omar Abdullah to constitute a high-powered committee of revenue experts to conduct an inquiry into the alleged misappropriation of lands of hundreds of evacuee land and recommend measures for its retrieval and equitable allotment to eligible BNT displaced families from J&K.

AGMUT Cadre IAS Officer Mamta Yadav posted to J&K

Excelsior Correspondent

NEW DELHI, July 29: The Government of the National Capital Territory (NCT) of Delhi has relieved three IAS officers of the AGMUT cadre from their current assignments to enable them to join their new postings, including one officer transferred to Jammu & Kashmir. As per the order, Mamta Yadav, currently serving as Deputy Commissioner in the Municipal Corporation of Delhi (MCD), has been transferred to Jammu & Kashmir. Hitesha Gupta and Wairagaram Prashanth Singh, also serving as Deputy Commissioners in MCD, have been transferred to Arunachal Pradesh and Lakshadweep, respectively. According to the order, issued by the Services Department (Services-I Branch), the officers will be relieved with effect from the afternoon of July 31, 2023, in compliance with the Ministry of Home Affairs (MHA) transfer order dated July 9, 2023.

scrutinise rights and constitutional aspirations of the people of Jammu and Kashmir. It will continue to pursue vigorously restoration of Statehood and maintain that restore the full Statehood is essential for strengthening democratic institutions, ensuring

SMVD Narayana Hospital treats one of rarest forms of cancer

Excelsior Correspondent

KATRA, July 28: Shri Mata Vaishno Devi Narayana Superspeciality Hospital, Katra, has successfully treated one of the rarest forms of cancer, Malignant Melanoma of the Anal Canal, a highly aggressive cancer with an estimated global incidence of only one to two cases per million population annually. The patient, diagnosed with this rare and complex malignancy, was referred to the Department of Surgical Oncology at SMVD Narayana Superspeciality Hospital for advanced treatment. The surgery was successfully performed by the Surgical Oncology team led by Dr. Abhinav Choudhary, Consultant - Surgical Oncology. The complex procedure lasted for nearly six hours and involved Abdomino-Perineal Resection along with Groin Dissection. Speaking about the case, Dr. Abhinav Choudhary said, "Malignant Melanoma of the Anal Canal is among the rarest forms of cancer, with very limited treatment options available. Due to its extremely low incidence, only limited centres have the expertise and experience required for managing such cases. Early diagnosis, timely referral and specialized surgical intervention play a crucial role in achieving better outcomes." Elaborating on the procedure, he further added, "The surgery required meticulous planning and precise dissection due to the complex anatomy involved. Despite the extensive nature of the procedure, the surgery was completed successfully with minimal blood loss. The patient tolerated the procedure well and is recovering satisfactorily under close post-operative monitoring." Commenting on the achievement, Dr. Vashpal Sharma, Executive Director, Shri Mata Vaishno Devi Institute of Medical Excellence, said, "The successful treatment of such a rare and complex cancer reflects the advanced clinical capabilities now available at SMVD Narayana Superspeciality Hospital. Our endeavor is to ensure that patients from Jammu & Kashmir and nearby regions do not have to travel outside the Union Territory for specialized and high-end treatment. With the continued support of the Shri Mata Vaishno Devi Shrine Board and schemes like Ayushman Bharat, we remain committed to providing world-class, accessible and affordable healthcare to the people." In a major relief to the patient and family, the entire treatment, including surgery, ICU stay, hospitalization and medicines, was provided completely free of cost under the Ayushman Bharat Scheme, ensuring access to advanced cancer care with no out-of-pocket burden.

न्यूज डायरी

मैलिग्नेंट मेलानोमा का सफल उपचार किया

कटड़ा। ककड़ियाल कटड़ा में स्थित श्री माता वैष्णो देवी नारायणा सुपर स्पेशियलिटी अस्पताल ने चिकित्सा क्षेत्र में एक और महत्वपूर्ण उपलब्धि हासिल की। अत्यंत दुर्लभ और जटिल कैंसर मैलिग्नेंट मेलानोमा ऑफ एनल कैनाल का सफल उपचार किया है। यह कैंसर दुनिया भर में प्रति वर्ष लगभग 10 लाख लोगों में केवल एक से दो व्यक्तियों में ही पाया जाता है। मरीज को उन्नत उपचार के लिए अस्पताल के सर्जिकल ऑन्कोलॉजी विभाग में रेफर किया गया था। चिकित्सकों की टीम ने बहु-विषयक चिकित्सा पद्धति के तहत उपचार किया। जटिल ऑपरेशन करीब छह घंटे तक चला। संवाद

AUGUST 2026

दुर्लभ ब्लड कैंसर से पीड़ित सीआरपीएफ जवान को नई जिंदगी, कटड़ा के अस्पताल में सफल इलाज

जस्य पत्रिका स्यात्

कटका। श्री महा वैष्णो देवी
महाबाबा, धुपारोतिशालिनी
अम्बिका, कालावतल से तुल्य
रक्त रंगीन होरी लाल लुग्गुमिण
से पीड़ित एक सीसापेक्षक
कलम का कलम उपचार का
बहुत उपयोगिता शक्ति की।
साक्षात्कार विद्या की ध्वज अनु
के कलम को लंबे समय में
अत्यधिक बकन, एरिमाज,
प्लेलेटस और कील रक्त
करीबकरी की कमी के सब
शक्ति के आधारभूत रूप से बहने
की सम्पत्ति है।

[illegible]

सम्भावित है।

कालीकटा इन्डोलीनियन एवं
लेक्टो-इन्डोलीनियन डॉ.
ऐनिका गुवा की देखरेख में
सरीस का पोषणधारी से जलवा
किया गया। जलवा के बाद सरीस
के रक्त की सभी जाँच सामान्य
हो गई। रक्त का अकार्य से
सामान्य हो गया और वह पूरी
तरह रोबमूक (फ़ैमिली
लिवर) हो गया। विशाल
सरीस मयमर है और रिमिल
फोनी-एच एच है।

आई. एन.एस.ए. ने कहा कि

लगातार बकाने, धारा-धारा
संवेदनशीलता, खुलने की क्षमता
और विश्व का बदलते जैविक नज़र
को हाथ में नहीं लेना चाहिए।
उन्होंने कहा कि वेबोरी सेल
स्प्रेडिंग्स दुर्लभ जलवायु हैं।
लेकिन समय पर सही पहचान
और विशेषज्ञता उपचार मिलाने पर
इसका उपचार इलाज संभव है।

श्री माधु वैष्णो देवो इन्दोरपुरम
अधिक वेदविद्यालय स्वदेशीय के
कार्यकारी निदेशक डॉ. गङ्गनाथ
शर्मा ने कहा कि यह सम्मेलन श्री
माधु वैष्णो देवो आश्रम बोर्ड की

दादाजी मोघ और आधुनिक समाज में मेरा जो को मजबूत करने की प्रतिक्रिया का परिणाम है। इसमें जन्म-कर्म और आत्मता के क्षेत्रों के लोगों को अपने पा के गलत ही ठहरा और जीवनमूल्य जयजय उठाया तो यह है।

अन्यथा मैं चाहता कि क्षेत्र
को एकमात्र विशेषज्ञ हेमंती-
जीमकोशीकर डॉ. टैलिका गुप्त
के नेतृत्व में इस उपकेंद्रित

लिम्फोमा, मल्टीपल मायग्रेम
और अन्य खतरा रक्त रोगों का
जिम्मेदार उत्पत्ती भी क्लोनींग से
हो सकता है।

अवकाश अन्वयुक्त जाय
शुविवाही, विदित्त सेव
इष्टानुष्ठान और 24 पर
अवकाशालीन सेवकों से
सम्बन्धित वे तथा अन्य-कार्य

सहित जयपुर के लोगों के मरीजों को उपचारित और मुक्त करने के लिए मेरा उत्सव्य काम रहा है।

एसएमवीडी नारायणा अस्पताल में दुर्लभ ब्लड
कैंसर का सफल इलाज

कटरा। श्री माता वैष्णो देवी नारायणा सुपरस्पेशियलिटी अस्पताल, ककरयाल-कटरा के डॉक्टरों ने दुर्लभ ब्लड कैंसर हेयरी सेल ल्यूकेमिया से पीड़ित एक सीआरपीएफ जवान का सफल उपचार कर उसे नई



जिंदगी दी है। राजस्थान निवासी मरीज को लंबे समय से थकान, एनीमिया और तिल्ली बढ़ने की शिकायत थी। उन्नत जांचों के बाद बीमारी की पुष्टि होने पर क्लीनिकल हेमेटोलॉजिस्ट एवं हेमेटो-ऑन्कोलॉजिस्ट डॉ. दीपिका गुप्ता की देखरेख में विशेष कीमोथेरेपी दी गई। उपचार के बाद मरीज पूर्ण रूप से रोगमुक्त घोषित किया गया। अस्पताल प्रशासन ने इसे क्षेत्र में अत्याधुनिक ब्लड कैंसर उपचार सेवाओं की बड़ी उपलब्धि बताया।

कटरा के श्री माता वैष्णो देवी नारायणा सुपरस्पेशियलिटी अस्पताल में दुर्लभ ब्लड कैंसर का सफल इलाज, मरीज को मिली नई जिंदगी

सर्वो नवः प्रह्लादः

कथा, ४ अंकतः श्रौ मात वैया तौ नारायण सुगन्धर्वकौटिली
अस्मात् कनकात्-कथा के विशेष उद्देशों में एक दुसरे तथा कैसे
इसमें से लोकप्रियता का मतलब उभार कर मौखिक को दृष्टिगत है। वह
उत्पत्ति के भी अन्य धार्मिक कैसे उत्पत्ति से भी बढ़ती है।
है। अस्मात् नारायण के भी काले एक मात्र और की भी मालापीय
वर्णन को लोकप्रियता का मतलब (नारायण, प्रेम, प्रेम, प्रेम) का मतलब
को प्रियता से भी कैसे बढ़ती है। (माला) के अधिक बढ़ने को प्रियता
के साथ भी कनका तथा वैया विशेष प्रियता से भी वन भी का
दुसरे नारायण की भी मालापीय प्रेम का मतलब उभार कर वैया की भी
माला के प्रेम से लोकप्रियता का मतलब उभार कर वैया की भी मालापीय



जनवरी से ह दस

को कभी यह तिल्लो के बटन को
 समझाए। तो तो उन्हें नारायण को
 कान पर धाँपा। जो, श्री माता के पंखों
 के अंतर्गत और मैं उठा। हमारी पंखों के
 अंतर्गत तिल्लो के बटन को नारायण
 कहा कि वह समझता है माता के पंखों
 के अंतर्गत बटन के जो माता और
 हमों का पंख है। तिल्लो के बटन
 को नारायण के पंखों के अंतर्गत
 और नारायण के पंखों के अंतर्गत
 को नारायण के पंखों के अंतर्गत

पी-बी इन्टेन बाला बाल केसा है, जो लगभग बी एक लाख अवशरी में 0.3 लीनों को इन्फेक्ट करता है। इसके बाद मौन को उनका असतार को कोशिका-होमोलाइज एवं टैम्पो-अन्योनोलाइज, डॉ. फुका गुला को देखेंगे में विशेष कोनेथेरो को सामन में किता तवा। उनको के बाद मौन के सत को सभी रिपिट पामन देते लीं, बड़े हूँ तिल्लो अपने सामन अकार में लौट अहो और मौन को पाँच सा में गेमुक्त खोज किता स। कामन में मौन लयव है और सिमरत कोले-आ स। है। डॉ. फुका गुला ने कहा कि यह किने बकि को तबाल धमन बा-नर से स। स।

अमरता प्राप्त करने के अनुसार, यह उत्पत्ति उन बातों का प्रमाण है कि अब छोटे से सींगे को स्वयंसेवक, सिनेमा, राष्ट्रीय कार्यकर्ता और अन्य चित्त रह संस्थाओं में भी काम के लिए वहाँ जाने का हर काम को आवश्यकता नहीं है। जिससे नए लोगों को नए कामों में काम के लिए जाने में मदद मिलती है। अमरता अन्य पुरुषों, दूरस्थों, सुविधाओं, शिक्षित केन्द्रों, वैश्वीकरण और 24 घंटे ऑनलाइन सेवाओं से मिलती है। नए नए कामों और अमरता के क्षेत्रों के लोगों को समर्थन, सुविधा और गुणवत्तापूर्ण स्वास्थ्य सेवाओं उपलब्ध करने के लिए निम्न कार्य हैं।

ट्रॉमा सेंटर की रीढ़ हैं आथोपेडिक विशेषज्ञ,
गंभीर हादसों में नई जिंदगी देने का निभाते हैं
अहम दायित्व: डॉ. विकास पादा



मरीजों की जांच करते हुए डॉक्टर विकास पादा ।

परिस्थितियों में समय पर सही उपचार मरीज की जान बचाने के साथ-साथ उसके भविष्य को भी सुरक्षित करता है। डॉ. विकास पादु बताते हैं कि ट्रॉमा सेंटर में मरीज के पहुंचते ही सबसे पहले उसकी समग्र स्थिति का

सवेरा न्यूज/अरुण शर्मा
कटरा/जम्मू, 1 अगस्त : सड़क दुर्घटनाएँ, ऊँचाई से गिरने की घटनाएँ, औद्योगिक हादसे या किसी भी प्रकार की गंभीर चोट-ऐसे हर मामले में ट्रामा सेंटर की भूमिका सबसे महत्वपूर्ण मानी जाती है। किसी भी ट्रामा सेंटर की सफलता केवल आधुनिक मशीनों और सुविधाओं पर निर्भर नहीं होती, बल्कि वहाँ कार्यरत विशेषज्ञ डॉक्टरों की तत्परता, अनुभव और निर्णय क्षमता पर भी आधारित होती है। इन्हीं विशेषज्ञों में सबसे महत्वपूर्ण भूमिका एक आर्थोपेडिक (हड्डी एवं जोड़ योग विशेषज्ञ) डॉक्टर की होती है, जो गंभीर रूप से घायल मरीजों को नई जिंदागी देने का कार्य करता है। आर्थोपेडिक विशेषज्ञ डॉ. विकास पादा का कहना है कि ट्रामा सेंटर में आने वाले अधिकांश मरीज सड़क दुर्घटनाओं, ऊँचाई से गिरने, खेल के दौरान लगी चोटों या अन्य गंभीर हादसों का शिकार होते हैं। ऐसे मामलों में हड्डियों के फ्रैक्चर, रीढ़ की चोट, जोड़ों का खिसकना, हाथ-पैरों की गंभीर चोट तथा कई बार एक साथ कई चोटें देखने को मिलती हैं। इ

मृत्युंशुकन किया जाता है। यदि मरीज की जान को तत्काल खतरा हो तो प्राथमिक उपचार देकर उसकी स्थिति स्थिर की जाती है। इसके बाद एक्स-रे, सीटी स्कैन, एमआरआई और अन्य आवश्यक जाँचों के आधार पर चोट की गंभीरता का आकलन किया जाता है। यदि आवश्यकता होती है तो तुरंत ऑपरेशन कर हड्डियों को सही स्थिति में लाया जाता है और आधुनिक तकनीकों की सहायता से उनका उपचार किया जाता है। उनके अनुसार, कई बार मरीजों की हड्डियाँ कई स्थानों से टूट जाती हैं या खुला फ्रैक्चर होता है, जहाँ संक्रमण का खतरा अधिक रहता है।

ऐसे मामलों में विशेषज्ञ आर्थोपेडिक सर्जन की भूमिका और भी महत्वपूर्ण हो जाती है। डॉ. विकास षड़ा का कहना है कि ट्रौमा सेंटर में कार्य केवल ऑपरेशन तक सीमित नहीं होता। मरीज के इलाज के बाद उसकी नियमित निगरानी, दर्द नियंत्रण, फिजियोथेरेपी को शुरूआत तथा पुनर्वास (रिहैबिलिटेशन) की योजना भी उपचार का महत्वपूर्ण हिस्सा होती है।

PRESS RELEASES

AUGUST 2026

दैनिक खबर 13/14

कटरा के श्री माता वैष्णो देवी नारायणा सुपरस्पेशियलिटी अस्पताल में दुर्लभ ब्लड कैंसर का सफल इलाज, मरीज को मिली नई जिंदगी

कटरा, 13 अगस्त : श्री माता वैष्णो देवी नारायणा सुपरस्पेशियलिटी अस्पताल, कटरा में एक दुर्लभ रक्त कैंसर का सफल इलाज हुआ। मरीज को मिली नई जिंदगी।

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Shri Mata Vaishno Devi Narayana Superspeciality Hospital Successfully Treats Rare Blood Cancer

Katra, August 13: Shri Mata Vaishno Devi Narayana Superspeciality Hospital, Katra, Jammu & Kashmir, has successfully diagnosed and treated a rare case of Hairy Cell Leukemia, a slow-growing blood cancer affecting approximately 0.3 persons per 100,000 population.

The patient was treated with chemotherapy under the supervision of Dr. Deepika Gupta, Clinical Hematologist and Hemato-Oncologist. Following treatment, the patient showed significant improvement in blood counts and spleen size, and he is now leading a normal life.

The case also highlights the growing capabilities of blood cancer services under Dr. Deepika Gupta, Executive Director, Shri Mata Vaishno Devi Institute of Medical Excellence, Katra. The hospital is supported by advanced diagnostics, critical-care infrastructure and 24x7 emergency services, and remains committed to providing advanced, accessible and timely healthcare across Jammu & Kashmir and neighbouring regions.

BACK PAGE

JAMMU EXPRESS

Jammu Wednesday, Aug 05, 2026

Shri Mata Vaishno Devi Narayana Superspeciality Hospital Successfully Treats Rare Blood Cancer

JAMMU EXPRESS NEWS
KATRA, AUG 4:

Shri Mata Vaishno Devi Narayana Superspeciality Hospital, Katra, Jammu & Kashmir, has successfully diagnosed and treated a rare case of Hairy Cell Leukemia, highlighting the importance of timely diagnosis and specialised blood cancer care within the region.

The patient, a middle-aged CRPF personnel from Rajasthan, presented with prolonged fatigue, anaemia, low platelet and white blood cell counts, along with significant enlargement of the spleen. Advanced investigations, including bone marrow examination, immunophenotyping and molecular testing for the BRAF V600E mutation, confirmed Hairy Cell Leukemia—a rare, slow-growing blood cancer affecting approximately 0.3 persons per 100,000 population.

The patient was treated with appropriate chemotherapy under the care of Dr. Deepika Gupta, Clinical Hematologist and Hemato-Oncologist. Following treatment, his blood counts recovered, the spleen returned to normal size and he achieved complete remission. He is now doing well and remains under regular follow-up.



Dr. Deepika Gupta said, "Symptoms such as persistent fatigue, recurrent infections, low blood counts and enlargement of the spleen should not be ignored. Although Hairy Cell Leukemia is rare, it is highly treatable when diagnosed correctly and managed at the right time."

Commenting on the achievement, Dr. Vishal Sharma, Executive Director, Shri Mata Vaishno Devi Institute of Medical Excellence, said, "This successful treatment reflects the vision and continued support of the Shri Mata Vaishno Devi Shrine Board in strengthening advanced healthcare services and bringing specialised, life-saving treatment closer to the people."

As a comprehensive trauma-ready facility, Shri Mata Vaishno Devi Narayana Superspeciality Hospital is supported by advanced diagnostics, critical-care infrastructure and 24x7 emergency services, and remains committed to providing advanced, accessible and timely healthcare across Jammu & Kashmir and neighbouring regions.

श्री माता वैष्णो देवी नारायणा सुपर स्पेशियलिटी अस्पताल में क्षेत्र की पहली एंडोस्कोपिक स्पाइन सर्जरी सफल

सवेरा शर्मा, कटरा, 31 जुलाई: श्री माता वैष्णो देवी नारायणा सुपर स्पेशियलिटी अस्पताल कटरा-कटड़ा ने क्षेत्र की पहली एंडोस्कोपिक स्पाइन सर्जरी सफलतापूर्वक कर एक महत्वपूर्ण उपलब्धि हासिल की है।



एंडोस्कोपिक स्पाइन सर्जरी करते हुए डाक्टर।

यह उपलब्धि क्षेत्र में न्यूनतम चिरा (मिनिमली इनवेसिव) तकनीक से रीढ़ की हड्डी के उपचार की दिशा में एक बड़ा कदम माना जा रही है। यह जटिल सर्जरी एक युवा मरीज पर की गई जो रीढ़ की हड्डी की गंभीर रूप से बाहर निकली (एक्सट्रूडेड) डिस्क के कारण असहनीय दर्द और दैनिक गतिविधियों में कठिनाई का सामना कर रहा था। सर्जरी का नेतृत्व डा. खूशवंत सिंह, कंसल्टेंट न्यूरोसर्जरी ने किया जबकि एनेस्थीसिया की निम्मेदारी डा. सुमित क्लोरिया, सौनियर कंसल्टेंट न्यूरो एनेस्थीसिया ने निभाई। अत्याधुनिक एंडोस्कोपिक तकनीक का उपयोग करते हुए, निकलसकी ने छोटे से चोरे के माध्यम से बाहर निकली डिस्क को सफलतापूर्वक हटाया। इस प्रक्रिया में आसपास की मांसपेशियों और स्वस्थ ऊतकों को सुरक्षित रखा गया। सर्जरी के बाद मरीज को दर्द से काफी राहत मिली, उसकी स्थिति तेजी से सुधरी और अगले ही दिन उसे स्वस्थ अवस्था में अस्पताल से छुट्टी दे दी गई। इस उपलब्धि पर डा. खूशवंत सिंह ने कहा कि एंडोस्कोपिक स्पाइन सर्जरी से प्रभावित हिस्से तक अत्यधिक सटीकता के साथ पहुंचा जा सकता है जिससे स्वस्थ ऊतकों को कम से कम नुकसान होता है। पारंपरिक ओपन सर्जरी की तुलना में इसमें मरीज को कम दर्द, कम रक्तस्राव, अस्पताल में कम समय तक भर्ती रहने और तेजी से स्वस्थ होने का लाभ मिलता है। डा. सुमित क्लोरिया ने बताया कि इस आधुनिक तकनीक से सर्जरी के दौरान शरीर पर कम प्रभाव पड़ता है, मरीज एनेस्थीसिया से जल्दी उबरता है, जल्द चल-फिर सकता है और अपरेशन के बाद अधिक आरामदायक अनुभव प्राप्त करता है। श्री माता वैष्णो देवी इंस्टीट्यूट ऑफ मेडिकल एक्सलेंस के कार्यकारी निदेशक डा. यशपाल शर्मा ने कहा कि एंडोस्कोपिक स्पाइन सर्जरी की सफल शुरुआत अस्पताल में न्यूरोलॉजिकल सेवाओं के निरंतर विस्तार और उन्नति का प्रतीक है। उन्होंने बताया कि श्री माता वैष्णो देवी नारायणा सुपरस्पेशियलिटी अस्पताल एक अत्याधुनिक ट्रामा-रेडी स्वास्थ्य संस्थान है जहां 24x7 आपातकालीन सेवाएं, समर्पित न्यूरो आईसीयू, आधुनिक न्यूरो अपरेशन थिएटर, उन्नत इमेजिंग सुविधाएं तथा चौबीसों घंटे क्रिटिकल केयर और सर्जिकल सहायता उपलब्ध है। अस्पताल की यह उपलब्धि उसे मस्तिष्क और रीढ़ संबंधी बीमारियों के समय उपचार के अग्रणी केंद्र के रूप में और मजबूत बनाती है तथा यह श्री माता वैष्णो देवी ब्राइन बोर्ड की लोगों को आधुनिक, सुलभ और समयबद्ध स्वास्थ्य सेवाएं उपलब्ध कराने की प्रतिबद्धता की भी दशाती है।

AUGUST 2026



PRESS RELEASES

SEPTEMBER 2026



SEPTEMBER 2026

earlyTIMES JAMMU 
Spreading Truth & Solace to People in Need

He said, "Travel is not just about reaching the destination, but it is also about discovering new ideas, places, people and stories along the way. Through 'Travel Bharat' we want to make the journey more attractive and memorable for passengers."

This initiative is an important step by Indian Railways towards providing a world-class travel experience to passengers.

Cadets being awarded ranks during a ceremony at GDC Kuthu.

KATHUA, Sept. 19 A Rank Ceremony was organized at Government Degree College Kathua for the SW cadets of 3 J&K Battalion NCC, Jammu. The ceremony aimed to recognize the dedication, discipline, leadership qualities and exemplary performance of the NCC cadets. The ceremony was graced by Prof. Manohar Lal, Principal, GDC Kathua, who conferred the rank of Subedar NCC on the cadets. The newly appointed rank holders are:

STO (Senior Under Officer): Shavi Rani

JTO (Junior Under Officer): Palika Jasritha

Sergeant: Dimple Sharma

Sergeant: Anamika Devi

While conferring the ranks, Principal Prof. Manohar Lal encouraged them to perform their responsibilities with sincerity, discipline and dedication. He emphasized that NCC plays a significant role in building confidence, discipline, patriotism and a sense of responsibility among students. CTO Dr. Pinsky also congratulated the newly ranked cadets and expressed confidence that they would continue to set an example for their fellow cadets through their conduct.

Medical team posing for group photograph after performing rare surgery at SPMCHS Kottam

congenital inner ear malformation in which the cochlea does not develop its normal internal architecture. The condition can result in severe to profound hearing loss from an early age. Importantly, in IPI, the abnormal inner ear anatomy may result in an abnormally direct communication between the inner ear and the cerebrospinal fluid (CSF) spaces surrounding the brain. This makes cochlear implant surgery technically more challenging and carries a recognised risk of CSF gusher, a sudden flow of CSF during surgery. The surgeries were performed by Dr. Rohan Gupta, Senior Consultant

and Cochlear Implant Surgeon, assisted by Dr. Rinjini Sharma, Assistant Professor, along with the hospital's ENT and cochlear implant team. The procedures were supported by the hospital's highly competent and experienced anaesthesia team, led by Dr. Pankaj Gupta. Paediatric cochlear implant surgeries require meticulous anaesthetic planning, careful monitoring and close coordination between the anaesthesia and surgical teams. One patient, a young male child who underwent cochlear implantation at 14 months of age, and his family is very hap-

py with the steady and satisfactory progress of the child. This patient was below poverty line and was funded by shrimata vaishno devi shrinis board's programme. Another female patient, who underwent cochlear implantation at 17 months of age, has been undergoing rehabilitation. The family is very happy with the favourable outcomes in the child. Both cases involved the known risk of CSF gusher associated with IPI and were successfully managed by the surgical team. In both the cases, complete electrode insertion was done and placement checks were also done

Dr. Rohan Gupta said, "Incomplete Partition Type-I is a rare and technically challenging inner ear malformation. Cochlear implant surgery in such children requires careful assessment and precise surgical technique. CSF gusher is a recognised complication in these cases and requires prompt intraoperative management. Both children are doing well and showing favourable outcomes."

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PRESS RELEASES

SEPTEMBER 2026

Two Children Born With Rare Inner Ear Defect Begin Hearing After Complex Cochlear Implant Surgeries at Shri Mata Vaishno Devi Narayana Superspeciality Hospital

GW REPORTER

Katra, September 2026: Two young children born with a rare inner ear abnormality and suffering from profound hearing loss have successfully undergone complex cochlear implant surgeries at Shri Mata Vaishno Devi Narayana Superspeciality Hospital, Katra. Both children are now showing promising outcomes and encouraging progress. The children were diagnosed with incomplete Partition Type-I (IP-I), a rare congenital inner ear malformation in which the cochlea does not develop in normal internal architecture. The condition can result in severe to profound hearing loss from an early age. Importantly, in IP-I, the abnormal inner-ear anatomy may result in an abnormally direct communication between the inner ear and the cerebrospinal fluid (CSF) spaces surrounding the brain. This makes cochlear implant surgery technically more challenging and carries a recognised risk of CSF gusher, a sudden flow of CSF during surgery. The surgeries were performed by Dr. Rohan Gupta, Senior Consultant and Cochlear Implant Surgeon, assisted by Dr. Ranjith Sharma, Assistant Professor, along with the hospital's ENT and cochlear implant team. The procedures were supported by the hospital's highly competent and experienced anaesthesia team, led by Dr.



Postaj Gupta, Paediatric cochlear implant surgeon, who meticulously planned the surgery, ensuring careful monitoring and close coordination between the anaesthesia and surgical teams. One patient, a young male child who underwent cochlear implantation at 14 months of age, and his family is very happy with the steady and satisfactory progress of the child. This patient was below poverty line and was funded by Shri Mata Vaishno Devi Shrine Board's programme. Another female patient, who underwent cochlear implantation at 17 months of age, has been undergoing rehabilitation. The family is very happy with the favourable outcomes in the child. Both cases involved the known risk of CSF gusher associated with IP-I and were successfully managed by the surgical team. In both the cases, complete electrode insertion was done and placement checks were also done uneventfully with the help of intraoperative x-ray and the best advanced smartNAV technology.

programme also focuses on continued aftercare, hearing assessment, mapping and rehabilitation to ensure that children receive long-term benefit from their implants. To make follow-up care more accessible, the hospital continues cochlear implant aftercare through its outreach centres in Jammu and Srinagar, helping families receive specialised follow-up closer to home. The next cochlear implant follow-up OPD in Srinagar is scheduled for 6 October 2026. Commenting on the programme, Dr. Yashpal Sharma, Executive Director, Shri Mata Vaishno Devi Institute of Medical Excellence, said, "Our focus is not only on providing advanced surgical treatment but also on ensuring continued care and rehabilitation after surgery. With around 200 successful cochlear implant surgeries and regular follow-up through our outreach centres in Jammu and Srinagar, we are working to make specialised hearing care more accessible to children across Jammu & Kashmir. The continued support of the Shri Mata Vaishno Devi Shrine Board has been instrumental in this endeavour. Through early diagnosis, advanced cochlear implant surgery, rehabilitation and long-term outreach-based follow-up, Shri Mata Vaishno Devi Narayana Superspeciality Hospital continues to strengthen comprehensive hearing care services for children across Jammu & Kashmir."



The newspaper is published daily except on Sundays and public holidays. It is available in both print and digital formats. The print edition is published in the morning at 6 AM. The digital edition is available on the newspaper's website and mobile app. The newspaper is known for its comprehensive coverage of local and national news, as well as its commitment to providing accurate and timely information to its readers.

announces Marathon men's skillling centre



The centre is designed to provide a safe and structured environment for children to learn and practice the sport. It will feature professional instructors and state-of-the-art equipment. The centre is expected to attract a large number of participants and will be a valuable addition to the local sports infrastructure.

Two children regain hearing after Complex Cochlear Implant Surgeries at SMVD Narayana Hospital



The children were born with a rare inner ear abnormality and suffered from profound hearing loss. After undergoing complex cochlear implant surgeries at SMVD Narayana Hospital, they have successfully regained their hearing. The surgeries were performed by a team of experts, including Dr. Rohan Gupta and Dr. Ranjith Sharma. The children are now showing significant improvement in their hearing and are able to communicate more effectively. The hospital's advanced surgical techniques and experienced team played a crucial role in the successful outcome of the surgeries.

Shri Mata Vaishno Devi Narayana Superspeciality Hospital, Katra, is a leading medical institution in the region, providing a wide range of specialized services. The hospital is committed to providing the best possible care to its patients and is proud to have achieved such a successful outcome in this case.

Over 450 People Screened at Shri Mata Vaishno Devi Narayana Superspeciality Hospital on World Heart Day

Katra, September 29, 2026: On the occasion of World Heart Day, Shri Mata Vaishno Devi Narayana Superspeciality Hospital organised a free comprehensive cardiac screening and consultation camp, providing routine heart-care services to more than 450 people. The camp was inaugurated by Dr. Sachin Kumar Vaishya, CEO, SMVDNB, and Dr. Alok Kumar Maurya, Additional Chief Executive Officer, Shri Mata Vaishno Devi Shrine Board. The camp was held in the hospital's main hall and was attended by a large number of patients and their families. The screening included ECG, blood pressure, cholesterol, and blood sugar tests. The camp was a great success and provided a valuable service to the community. The hospital is committed to providing comprehensive cardiac care to its patients and is proud to have organized this camp. The camp was a great success and provided a valuable service to the community. The hospital is committed to providing comprehensive cardiac care to its patients and is proud to have organized this camp.



The camp was a great success and provided a valuable service to the community. The hospital is committed to providing comprehensive cardiac care to its patients and is proud to have organized this camp. The camp was a great success and provided a valuable service to the community. The hospital is committed to providing comprehensive cardiac care to its patients and is proud to have organized this camp.

Over 450 people screened at SMVD Superspeciality Hospital on World

STATE TIMES NEWS

KATRA: On World Heart Day, Shri Mata Vaishno Devi Narayana Superspeciality Hospital organised a free comprehensive cardiac screening and consultation camp, benefiting more than 450 people with preventive heart-care services.

The camp was inaugurated by Sachin Kumar Vaishya, Chief Executive Officer, Shri Mata Vaishno Devi Shrine Board, Alok Kumar Maurya, Additional Chief Executive Officer, Shri Mata Vaishno Devi Shrine Board, and Dr. Yashpal Sharma, Facility Director, Shri Mata Vaishno Devi Narayana Superspeciality Hospital, were also present.

Cardiology and Cardiac Surgery services were brought together at the camp, with consultations provided by Dr.



CEO SMVDNB Sachin Kumar Vaishya chairing meeting.

Cardiology: Dr. Mukesh Kumar Sharma; Dr. Vinod Bhan, Senior Consultant, CVTS; and Dr. Ronil Dutt Sharma, Consultant, CVTS. Participants received more than 300 ECGs, 310 echocardiography tests, blood investigations and specialist consultations free of cost. The initiative focused on early identification of cardiovascular risk factors, timely intervention and management. Speaking on the occasion, Sachin Kumar Vaishya, said preventive healthcare and early screening are important in reducing the burden of heart disease. He said that, in line with the vision of Lieutenant Governor, J&K UT and Chairman, Shri Mata Vaishno Devi Shrine Board, Manoj Sinha, the Shrine Board remains committed to strengthening accessible and

[illegible]

SEPTEMBER 2026

asked the concerned departments to undertake regular field inspections, particularly in vulnerable and remote

The initiative reaffirmed the hospital's commitment to taking preventive and specialised cardiac care closer to the community and promoting the message that early detection can make a meaningful difference in cardiovascular health.

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HEALTH CAMPS & OUTREACH AT A GLANCE

August 2026

S. No.	Date	Location / Activity	Consultant / Faculty	Patients / Participants	Outcome
1	08/08/26	Multispeciality Clinic, Jammu	Dr. Vikas Padha – Orthopaedics	26	Referrals: 0
2	09/08/26	Baba Ballo Dev Sathan, Mathwar, Jammu	Dr. Ashwani Kumar – Internal Medicine; Dr. Malvika Sharma – Ophthalmology; Dr. Geetu Mahajan – Gynaecology; Dr. Vikas Dhar – Orthopaedics	366	Referrals: 11; Conversion: 0; Revenue: ₹0 lakh
3	11/08/26	111 Engr Regt, Rana Sangla Enclave, Kunjwani Chowk, Jammu	Dr. Ankita Sharma – Internal Medicine; Dr. Suksham Sharma – Gynaecology	147	Conversion: 0; Revenue: ₹0 lakh
4	23/08/26	Venposh Foundation, Jagti, Nagrota	Dr. Ankita Sharma – Internal Medicine; Dr. Rimjim Sharma – ENT; Dr. Mehak Bhat – Not Mentioned; Dr. Suksham Sharma – Gynaecology; Mr. Amit – Ophthalmology	287	Referrals: 18; Conversion: 3; Revenue: ₹0.48 lakh
5	27/08/26	Floriculture Hall, Broota Mandi, Tehsil Akhnoor, District Jammu	Dr. Malvika – Ophthalmology; Dr. Ankita Sharma – General Medicine; Dr. Sunpreet Kour – Medical Officer / Gynaecology	218	Referrals: 11; Conversion: 1; Revenue: ₹0.87 lakh

HEALTH CAMPS & OUTREACH AT A GLANCE

SEPTEMBER 2026

S. No.	Date	Location / Activity	Consultant / Faculty	Patients / Participants	Outcome
1	12/09/26	PHC, Dansal	Dr. Romil Dutt Sharma – CTVS; Dr. Malvika Sharma – Ophthalmology; Dr. Nitin Sharma – Orthopaedics	176	Referrals: 30; Conversion: 6; Revenue: ₹1.07 lakh
2	19/09/26	PHC, Dharmari	Dr. Suhail Khuroo – Surgical Gastroenterology; Dr. Ankita Sharma – Internal Medicine; Dr. Malvika Sharma – Ophthalmology; Dr. Sandeep – Physiotherapy	379	Referrals: 40; Conversion: 8; Revenue: ₹0.70 lakh
3	29/09/26	In-house – Free Cardiac Camp	Dr. Romil Dutt Sharma – CTVS; Dr. Vinod Bhan – CTVS; Dr. Sushant K Sharma – Cardiology; Dr. Mukesh K Sharma – Cardiology	318	Conversion: 8; Revenue: ₹ 5.52 lakh
4	30/09/26	Golden Days, Roop Nagar, Jammu	Dr. Rajan Gupta – Urology	246	Referrals: 14

MOMENTS FROM THE QUARTER



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